HEART FAILURE
PATIENT QUALITY
OF LIFE STATISTICS

To know more visit HeartFailure.com
Heart failure can severely affect patients’ social capacity and emotional health\(^1\)

63% of heart failure patients report symptoms that are consistent with depression\(^2\)

Heart failure patients often suffer from anxiety or depression, feel a loss of self-control, and have difficulty performing daily activities.\(^3\)

Health care professionals can make a meaningful difference in the lives of heart failure patients

Heart failure can place a huge burden on patients, their families, and society as a whole.\(^1\)

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>40%</td>
<td>Patients struggle to socialize or engage in daily routine activities with friends or family.</td>
</tr>
<tr>
<td>&gt;60%</td>
<td>Patients reported difficulty with recreational pastimes, sports, or hobbies.</td>
</tr>
</tbody>
</table>

The neurohormonal imbalance that causes the disease to progress is present in all heart failure patients, even in those who are considered asymptomatic (NYHA class I) or mildly symptomatic (NYHA class II).\(^1-3\)

---

The role of the multidisciplinary team of health care professionals is essential for the treatment of heart failure.

Heart failure can place a huge burden on patients, their families and the whole society.

Your expertise can make a meaningful difference in the lives of patients.

Physician expertise and the ability to improve clinical outcomes can make a genuine difference in the lives of heart failure patients.

1. McMurray JJV, Adamopoulos S, Anker SD, et al. ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure 2012: the Task Force for the Diagnosis and Treatment of Acute and Chronic Heart Failure 2012 of the European Society of Cardiology. Developed in collaboration with the Heart Failure Association (HFA) of the ESC. Eur Heart J. 2012;33(14):1787-1847.